

Shaklee® Performance®

ENDURANCE PACK



PERFORMANCE ENDURANCE PACK

Fuel Your Fire

Formulated for the endurance athlete, the **Performance Endurance Pack** is designed to:

- Take intensity to the next level with a perfect balance of protein and carbohydrates to give your body the energy it needs
- Help build firm, lean muscle; restore muscle energy; and support muscle repair
- Recover faster so you can train harder

Performance Endurance Pack products are designed for high-intensity and longer-duration exercise, including:

- Marathon runners
- Long-distance cyclists
- High-intensity aerobic exercise

INCLUDES:

ENERGIZE CHEWS (2), ENDURANCE ELECTROLYTE DRINK WITH PATENTED OPTI-LYTE® BLEND, PHYSIQUE®+BIO-BUILD®, AND PM RECOVERY COMPLEX.

Shaklee® Performance®

ENDURANCE PACK

Products designed by Shaklee scientists and leading sports nutritionists to address the needs of every stage of physical activity.

ENERGIZE

Improve physical performance & mental alertness

HYDRATE

Replenish electrolytes & increase endurance and stamina

BUILD

Protein with added leucine to repair & build lean muscle faster

RECOVER

Reduce exercise-induced muscle soreness & optimize recovery

ENERGIZE⁺

ENERGY CHEWS

A burst of clean energy helps improve performance and sharpen focus.* Each chew contains a scientific blend of caffeine from natural green tea extract, plus L-tyrosine, L-theanine, B vitamins, and vitamin D. Citrus Burst Flavor.



HYDRATE⁺

ENDURANCE ELECTROLYTE DRINK

Endurance Electrolyte Drink powered by our proprietary Opti-Lyte® blend of six electrolytes plus our unique mix of carbohydrates to deliver instant and sustained energy. Supports optimal hydration for endurance athletes and provides more energy than the leading hydration drink.

- + Clinically proven for enhanced hydration
- + Maintains blood glucose levels to sustain intense energy output and increase stamina
- + Increases endurance for better athletic performance

Flavors: Orange, Lemon-Lime



BUILD⁺

PHYSIQUE® + BIO-BUILD®

Physique® + Bio-Build® is a pure, natural high-octane fuel for rapid muscle recovery. Our powerful Bio-Build blend, a mix of intelligent-release protein and carbohydrates, is clinically shown to naturally activate the body's recovery process and delivers more energy to the muscle than either carbohydrates or protein alone.

- + Helps build firm, lean muscle
- + Helps restore muscle energy
- + Supports muscle repair
- + Rapid recovery

Flavor: Banana



RECOVER

PM RECOVERY COMPLEX

PM Recovery Complex is powered by an ultra-pure, polyphenol-rich Tart Cherry extract proven to optimize recovery and reduce post-workout muscle soreness, which helps improve sleep quality.*

- + Superior, ultra-pure Tart Cherry extract is clinically shown to reduce exercise-induced muscle soreness and optimize recovery*
- + Contains our patented Pain Relief blend to relieve pain caused by overexertion*



THE SHAKLEE DIFFERENCE™

PM Recovery Complex features superior, ultra-pure tart cherry extract, rich in polyphenols and clinically tested to help reduce post-workout muscle soreness.

PERFORMANCE SPORTS NUTRITION

Shaklee Performance provides a safe, proven, comprehensive way to get the optimized nutrition you need to support your specific activity and fitness goals. Whether you visit the gym twice a week to stay fit and active or you're a competitive athlete, Performance has the solution to help maximize your results and speed recovery.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Learn More



WATCH THE PERFORMANCE VIDEO



DOWNLOAD THE PERFORMANCE FITNESS PACK PRODUCT SHEET

Pricing

PERFORMANCE® ENDURANCE PACK | #89451

Suggested Retail Price: \$170.65
Member Price: \$145.00 | PV: 91.06

ENERGY CHEWS CITRUS BURST | #20158

20 CHEWS/10 SERVINGS
Suggested Retail Price: \$23.55
Member Price: \$20.00 | PV: 12.00

ENDURANCE ELECTROLYTE DRINK LEMON-LIME | #21308 ORANGE | #21309

20 SERVINGS
Suggested Retail Price: \$35.30
Member Price: \$30.00 | PV: 18.00

PHYSIQUE®•BIO-BUILD® BANANA | #20495

15-SERVING CANISTER
Suggested Retail Price: \$52.95
Member Price: \$45.00 | PV: 31.06

PM RECOVERY COMPLEX #21312 | 60 CAPSULES/ 30 SERVINGS

Suggested Retail Price: \$35.30
Member Price: \$30.00 | PV: 18.00

Also Available

PERFORMANCE® FITNESS PACK | #89451

Suggested Retail Price: \$141.20
Member Price: \$120.00 | PV: 72.00

Energy Chews Citrus Burst

DIRECTIONS: Take 2 chews.

Supplement Facts

Serving Size: 2 Chews
Servings Per Container: 10

	Amount Per Serving	% DV
Calories	45	
Calories from Fat	5	
Total Fat	0.5 g	<1%**
Total Carbohydrate	9 g	3%**
Sugars	6 g	†
Vitamin C (as ascorbic acid)	6 mg	10%
Vitamin D ₃ (as cholecalciferol)	100 IU	25%
Thiamin (as thiamine hydrochloride)	0.15 mg	10%
Riboflavin	0.17 mg	10%
Niacin (as niacinamide)	2 mg	10%
Vitamin B ₆ (as pyridoxine hydrochloride)	0.2 mg	10%
Folate (as folic acid)	40 mcg	10%
Vitamin B ₁₂ (as cyanocobalamin)	0.6 mcg	10%
Biotin (as d-biotin)	30 mcg	10%
Pantothenic Acid (as d-panthenol)	1 mg	10%
Sodium	10 mg	<1%**
Caffeine	120 mg	†
N-Acetyl-L-Tyrosine	100 mg	†
L-Theanine	100 mg	†

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: ORGANIC DRIED CANE SYRUP, ORGANIC BROWN RICE SYRUP, ORGANIC RICE SYRUP SOLIDS, NATURAL FLAVORS, CARNAUBA WAX, SOY LECITHIN, PALM OIL, ORGANIC CORN STARCH, CITRIC ACID, ORGANIC GREEN TEA EXTRACT (CAMELLIA SINENSIS) (LEAF), COLORED WITH TURMERIC OLEORESIN.

CAUTION: Contains natural caffeine and should not be used by children or pregnant or lactating women. Do not consume more than three chews every 3-4 hours. **KEEP OUT OF REACH OF CHILDREN.**

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

†Shaklee Performance Hydrate+ and Build+ were tested in clinical studies

Endurance Electrolyte Drink

Nutrition Facts

Serving Size: 2 scoops (28 g)
Servings Per Container: 30

Amount Per Serving	% Daily Value**
Calories	100
Calories from Fat	0
Total Fat	0 g 0%
Saturated Fat	0 g 0%
trans Fat	0 g
Cholesterol	0 mg 0%
Sodium	130 mg 5%
Potassium	50 mg 1%
Total Carbohydrate	25 g 8%
Dietary Fiber	0 g 0%
Sugars	11 g
Protein	0 g 0%
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	0%
Phosphorus	2%
Magnesium	2%
Chloride	2%

** Percent Daily Values are based on a 2,000 calorie diet.

	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,500 mg
Potassium		3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g

OTHER INGREDIENTS: MALTODEXTRIN, FRUCTOSE, GLUCOSE, CITRIC ACID, NATURAL FLAVORS, OPTI-LYTE® (SODIUM CITRATE, TRICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM CARBONATE), COLORED WITH ANNATTO EXTRACT.

MANUFACTURED IN A FACILITY THAT MAY ALSO PROCESS PEANUTS, TREE NUTS



SHAKLEE PURE PERFORMANCE GUARANTEE

- 100% guaranteed to be safe and free from banned substances
- We test every new botanical ingredient for over 350 chemicals and contaminants
- Shaklee conducts over 100,000 quality tests per year on our nutritional products
- No artificial flavors, sweeteners, or preservatives
- Gluten free

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

ENERGIZE / HYDRATE / BUILD / RECOVER

Nutrition Facts

Serving Size: 3 Scoops (57g) Mix Alone
Servings Per Container: 15

Amount Per Serving	Mix Alone	Mix 3 Scoops + Nonfat Milk
Calories	210	300
Calories from Fat	5	10
	% Daily Value**	
Total Fat 0.5 g	1%	1%
Saturated Fat 0 g	0%	1%
trans Fat 0 g		
Polyunsaturated Fat 0 g		
Monounsaturated Fat 0 g		
Cholesterol <5 mg	2%	3%
Sodium 80 mg	3%	8%
Potassium 40 mg	1%	12%
Total Carbohydrate 38 g	13%	17%
Dietary Fiber 0 g	0%	0%
Sugars 21 g		
Protein 14 g	28%	45%
Vitamin A	15%	25%
Vitamin C	100%	100%
Calcium	15%	45%
Iron	0%	0%
Vitamin D	0%	30%
Vitamin E	25%	25%
Thiamin	90%	100%
Riboflavin	80%	110%
Niacin	100%	100%
Vitamin B6	100%	100%
Folate	100%	100%
Vitamin B12	90%	110%

DIRECTIONS: Mix 3 scoops (57 g) of powder with 8 oz. of cold water (for a 99% lactose-free beverage) or with non-fat milk. To help maximize recovery, consume immediately after working out and again two hours later.

Amount Per Serving	Mix Alone	Mix 3 Scoops + Nonfat Milk
	% Daily Value**	
Biotin	100%	100%
Pantothenic Acid	90%	100%
Phosphorus	10%	35%
Magnesium	20%	25%
Zinc	25%	30%
Selenium	25%	25%
Copper	25%	25%
Manganese	25%	25%
Chromium	25%	25%
Molybdenum	25%	25%
Chloride	0%	8%

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories 2,000	2,500
Total Fat	Less than 65 g	80 g
Sat Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Potassium	3,500 mg	3,500 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Protein	50 g	65 g

Calories per gram:
• Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: BIO-BUILD® (DEXTRSE, MALTODEXTRIN, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), NATURAL FLAVORS, SUNFLOWER LECITHIN, MAGNESIUM OXIDE, ASCORBIC ACID, XANTHAN GUM, NIACINAMIDE, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, CALCIUM PANTOTHENATE, MOLYBDENUM YEAST, VITAMIN B12, ZINC OXIDE, VITAMIN A PALMITATE, COPPER GLUCONATE, VITAMIN B6, MANGANESE SULFATE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, CHROMIUM NICOTINATE, COLORED WITH TURMERIC OLEORESIN, CONTAINS MILK.

Dist. by Shaklee Corporation
4747 Willow Road Pleasanton, CA 94588



ENERGIZE / HYDRATE / BUILD / RECOVER

Supplement Facts

Serving Size: 2 capsules
Servings Per Container: 30

Amount Per Serving	% DV**
Total Carbohydrate	<1 g <1%**
Proprietary Recovery Complex Blend:	745 mg †
Tart Cherry Extract (<i>Prunus cerasus</i>) (fruit), Boswellia Extract (<i>Boswellia serrata</i>) (resin), Safflower Extract (<i>Carthamus tinctorius</i>) (flower)	

** Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE IN A VEGETARIAN CAPSULE (HYDROXYPPROPYL METHYLCELLULOSE, WATER).
Distributed by Shaklee Corporation
4747 Willow Road, Pleasanton, CA 94588

#21312



Shaklee Performance fuels my body and helps me train at my peak so I can be my best when competing.

ISMAEL HERNÁNDEZ USCANAGA,
MODERN PENTATHLETE, BRONZE MEDALIST,
SHAKLEE PURE PERFORMANCE TEAM ATHLETE
RIO 2016